

Promoted for and behalf of Cycling Time Trials under its Rules, Regulations and Conditions

# Border City Wheelers CC on behalf of North District

START SHEET

ROUND

 $5_{of 6}$ 

Present:



# Sunday 28th May 2023





# MERLIN CYCLES Classic TT Series **ROUND** 5 of 6

#### A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

#### **2023 CLASSIC TT SERIES DATES**

Date	Promoting Club	District	CTT Rep	
Sunday 26th March	a3crg	South	Roger Wakeling	
Friday 7th April	Buxton CC	Manchester	Sue Bowler	
Sunday 23rd April	Beacon RCC	Midland	David Barry	
Sunday 7th May	Edinburgh Road Club	Scotland	твс	
Sunday 28th May	Border City Wheelers CC	North	Dawn Sherrin	
Sunday 11th June	Mid Devon CC	South West	Peter Rogers	

#### MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

#### To be presented at the "RTTC Celebration of Champions" on the 20th January 2024 (1st overall only)

1st Men's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

#### POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events. If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system. See Page 224 of the 2023 Handbook for the competition conditions.



# BORDER CITY WHEELERS CYCLING CLUB

# Merlin Cycles Classics Time Trial Series: Round 5 of 6

# **CIRCUIT OF GREYSTOKE FOREST**

## 28 miles Open Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules & regulations

#### Sunday 28th May 2023 – First rider off at 9.01am

Event Secretary:Dougi Hall, Rose Cottage, Crackenthorpe, Appleby, Cumbria CA16 6AF<br/>'phone: 07802 238694Timekeepers:Keith Bickley & Richard Abram

CTT Representatives: Dawn Sherrin & Stewart Smith

**Event HQ:** Greystoke Village Hall, postcode CA11 0TW. Located on the left when entering Greystoke from the east on B5288. Greystoke is approx. 5 miles west of Penrith on the B5288. Numbers/signing-on and course risk assessment will be located in the hall. <u>Please</u> note that competitors are required to personally sign the signing-out sheet within a reasonable time after finishing. Failure to do so will result in the competitor being recorded as DNF.

#### COURSE DETAILS: L143 x 2 laps:

START in Greystoke village at grate in road beside the entrance to Greystoke castle and at end of slip road. Proceed north on unclassified road bearing left at Poplin Dub; continue through Johnby to junction at Thanet Well. Left at junction, past Newsham and over Newsham Bridge to next junction where left and continue to Murrah crossroads. Turn left onto Hutton Roof-Berrier road. Through Berrier (alt 350 metres) to the Sportsman Inn Junction where left and after 1 mile join B5288. Continue along B5288 through Motherby to Greystoke, where turn left and pass the start point. Repeat lap 1 to FINISH at the Greystoke road sign. (Distance approx 28 MILES). Course record – 01:00:08 by Dan Bigham on 23<sup>rd</sup> May 2021.

The start is in the centre of the village, near the entrance to Greystoke Castle and near the Boot & Shoe pub. There is a moderately large car park – please park with consideration and do not take up space with gazebos, rollers etc. Overspill parking can be found around the village, but do not impinge on private property.

Please do not warm up on the course whilst the event is in progress. Use the B5288 east of the village, or the unclassified Berrier Road. Also please note that the start area is in a residential village, so please do not cause any unnecessary disturbance.

A copy of the CTT Risk Assessment will be displayed at the event HQ. Please check for late information. The course is predominantly on unclassified country roads with some rough/broken surfaces following winter storms. Take particular care on the narrow twisty section between Thanet Well and Newsham bridge.

**Local regulations:** The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

**Local regulation No. 5:** In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

**Local regulation No. 6:** Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

### IN ADDITION TO THE ABOVE

- Riders must give their number at the finish and elsewhere on the course if requested.
- Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).
- Riders must NOT ride with their heads down.

**CTT Regulation 14 (i):** No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**CTT Regulation 14 (j):** No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**CTT Regulation 15:** All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

#### AWARDS (one rider, one prize)

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5
5
5
5
5
5

All events are subject to unannounced doping control.

AWARDS: payment arranged after the event.

Stay safe and have a SAFE and enjoyable ride

No.		Start Time	Name		Club	Gender	Cat	Age	Target Time
Paracyclists									
	1	09:01:00	Graeme Church	TT Bike	QN Racing	Male	C1	57	1.237
	2	09:02:00	Nicholas Fairfield	TT Bike	City RC (Hull)	Male	C4	52	1.106
	3	09:03:00	Ben Hetherington	Road Bike	Ferryhill Whs	Male	C3	27	1.149
	4	09:04:00	Rik Waddon Ply	TT Bike	Para-T	Male	C2	46	1.171
	5	09:05:00	David Murphy	TT Bike	Liverpool Mercury CC	Male	C5	25	1.058
Juniors									
	7	09:07:00	Abbey Thompson	TT Bike	Stonham Barns Park – SYRT	Female	Juvenile	14	
	8	09:08:00	Jacob Bradbury	Road Bike	Manchester Wheelers	Male	Junior	16	
Road Bik	es								
	10	09:10:00	Howard Heighton	Road Bike	Ferryhill Whs	Male	Veteran	50	
	11	09:11:00	Sophie Heighton	Road Bike	Ferryhill Whs	Female	Junior	16	
	12	09:12:00	Stephen Wilkinson	Road Bike	VTTA North Lancs and Lakes Group	Male	Veteran	60	
	13	09:13:00	Mark Brownless	Road Bike	Darlington Cycling Club	Male	Veteran	51	
	14	09:14:00	Paul Roby	Road Bike	Lancashire RC	Male	Veteran	49	
	15	09:15:00	Jemil Tokdemir	Road Bike	Team ASL-Bolton	Male	Senior	33	
	16	09:16:00	Chris Booth	Road Bike	Giant-Kendal-Sidas.uk	Male	Senior	34	
	17	09:17:00	Richard Butler	Road Bike	Giant-Kendal-Sidas.uk	Male	Veteran	43	
Veterans	5								
	19	09:19:00	John O'Callaghan	TT Bike	Barrow Central Wheelers	Male	Veteran	56	01:18:42
	20	09:20:00	Mike Westmorland	TT Bike	Border City Whs CC	Male	Veteran	78	01:32:27
	21	09:21:00	Simon Dighton	TT Bike	Beacon Roads CC	Male	Veteran	59	01:20:26
	22	09:22:00	Peter Greenwood	TT Bike	Clayton Velo	Male	Veteran	71	01:27:50
	23	09:23:00	Mark Sanders	TT Bike	Mid Devon CC	Male	Veteran	64	01:23:27
	24	09:24:00	Lee Davison	TT Bike	Border City Whs CC	Male	Veteran	44	01:12:04
	25	09:25:00	Craig Horseman	TT Bike	Giant-Kendal-Sidas.uk	Male	Veteran	49	01:14:46
	26	09:26:00	Nicholas Latimer	TT Bike	Team Lifting Gear Products	Male	Veteran	41	01:10:30
	27	09:27:00	Marcel Schubert	TT Bike	Darlington Cycling Club	Male	Veteran	41	01:10:30
Men	29	09:29:00	Kieran Brownless	Road Bike	Darlington Cycling Club	Male	Espoir	19	
	30	09:30:00	Alistair Robinson	TT Bike	Velo Club Cumbria	Male	Senior	39	
	31	09:31:00	Will Lowden	TT Bike	HUUB WattShop	Male	Espoir	19	
	32	09:32:00	John Archibald	TT Bike	HUUB WattShop	Male	Senior	32	

#### **CASH PRIZES FOR EACH EVENT**

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

> 1st - £20 Cycling Time Trials Cheque 2nd - £15 Cycling Time Trials Cheque 3rd - £10 Cycling Time Trials Cheque

# MERLIN CYCLES·COM

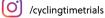
www.merlincycles.com



www.cyclingtimetrials.org.uk







#### **NOTES TO COMPETITORS**

#### **ROAD BIKE CRITERIA**

- the road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinacci bars are allowed
- no disc wheels; both front & rear wheels must have at least 12 spokes each
- the maximum rim depth allowed is 90mm.

#### NUMBERS: CHAMPIONSHIP CONDITION 2( j )

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

#### **REGULATION 14(j)**

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

#### **REGULATION 14(k)**

(k) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

#### **REGULATION 15:**

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

#### **REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

#### THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up

to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



Kimroy Photography www.kimroy-photography.co.uk 0114 287 9319

# **Cycling Time Trials**

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